

Surprisingly Down to Earth, and Very Funny: My Autobiography : Limmy By naszliverpool.co.uk **Surprisingly Down to Earth, and Very Funny ebook3000** 978-0008294670 Just finished Limmy's excellent autobiography and by way of a review would like to attempt an analysis of Limmy's personality traits using the five factor model: openness to experience conscientiousness extroversion agreeableness and neuroticism. **Surprisingly Down to Earth, and Very Funny ebooks free** This is a highly readable autobiography that appears to feature an unusually high level of honesty and self deprecation (that is if we are to take everything Limmy writes at face value). **Surprisingly Down to Earth, and Very Funny pdf** it's definitely a very interesting read and I certainly recommend the audiobook version of not just this book but all of his previous books It always adds a extra level of depth to hear him speak the words and he's brilliant at it. **Surprisingly Down to Earth, and Very Funny pdfescape** it's not a completely encyclopedic look at his life but does go from his first memories to school college/uni jobs and relationships and some of the mishaps inbetween all along to even writing the book itself. **Surprisingly Down to Earth, and Very Funny booklet** Whether it's talking about an 'evil presence' or how he just knew that he 'had' to end his life at certain points and how he snapped out of it it's a very stark and humbling read or listen at times. **EPub Surprisingly Down to Earth, and Very funny cat** This isn't a self help book nor does Limmy proclaim to be a kind of guru of mental wellness He just explains it warts and all and fully admits he doesn't understand it it's just part of him. **Surprisingly Down to Earth, and Very Funny bandes dessinées to start** This is a refreshing read/listen in that way Almost every other book with mental health as a cornerstone would try and offer some kind of help or explanation (nothing wrong with that at all mind you) but in this Limmy just exposes it for the strange and maddening experience it can be and how it has defined certain moments or periods in his life. **PDF Surprisingly Down to Earth, and Very funny cat** They play off each and sometimes can even dance with each other and humour with its many different forms and faces can help us see a little beyond ourselves at times in order to get the perspective we need. **Surprisingly Down to Earth, and Very Funny pdf reader** He seems to have always been looking to try and find somewhere to fit in a niche in the world where he can be himself and be otherwise left alone though he is his own worst enemy along the way. **Surprisingly Down to Earth, and Very Funny epub.pub** This gives him an avenue for his creativity and silliness and leads to his genius being discovered eventually leading to a successful podcast and TV shows though even those weren't plain sailing. **Surprisingly Down to Earth, and Very Funny booking** This is the charming though at times harrowing story of a man with so many ideas in his head but so many issues holding him back and the battle to overcome demons to do what he wants to do and to do it his way,

Surprisingly Down to Earth, and Very Funny kindle

Fascinating insight into the broken mind of former BBC entertainer. **Kindle Surprisingly Down to Earth, and Very funny quotes** His reflections on fanny fright are particularly brave and I imagine will resonate with many readers: **PDF Surprisingly Down to Earth, and Very funny cat** He has a rich imagination is creative intellectually curious and prone to fantasy. **EBook Surprisingly Down to Earth, and Very funny jokes** He has scripted and produced television programs written collections of short stories and an autobiography and he is a skilled actor and comedian, **Kindle Surprisingly Down to Earth, and Very funny cat** On the one hand he's industrious and capable of delivering artistic output to an excellent standard. **Surprisingly Down to Earth, and Very Funny epubor** On the other hand his autobiography frequently reveals an absence of self discipline orderliness and dutifulness, **PDF Surprisingly Down to Earth, and Very funny books** He shirks responsibility in his private life and comes across as unreliable to the point of pathology at many points: **Kindle Surprisingly Down to Earth, and Very funny books** However he struggles with low moods and lacks positive emotions to the point of contemplating suicide several times: **Surprisingly Down to Earth, and Very Funny pdf merger** He displays assertiveness in many instances but later reverts to passivity especially in his personal relationships, **Surprisingly Down**

to Earth, and Very Funny kindle paperwhite He appears to resist compliance with authority figures and seems sceptical if not cynical: **Surprisingly Down to Earth, and Very Funny book** That said he seems to be a warm and tender person who's capable of altruism, **Surprisingly Down to Earth, and Very Funny ebooks air** Neuroticism:Limmy rates high to very high on this trait displaying both emotional volatility and withdrawal: **Surprisingly Down to Earth, and Very Funny bandes dessinées des** In his lower moods he exhibits many of the symptoms of depression including suicidal ideation, **Surprisingly Down to Earth, and Very Funny kindle paperwhite** In agitated states of mind he radiates impulsivity anxiety and on some occasions angry hostility, **EBook Surprisingly Down to Earth, and Very funny** 978-0008294670 Limmy gives us a frank insight into some of his history and the coinciding battles and experiences with his mental health. **EBook Surprisingly Down to Earth, and Very funny cat** Some of it is quite scary to hear but it is always dashed with some dark humour in the traditional Limmy way: **Kindle Surprisingly Down to Earth, and Very funny cat** The real centre line for the book though is his honest bare knuckle approach to explaining how over the years that mental health has affected him and in quite some detail: **Surprisingly Down to Earth, and Very Funny pdf merger** That said I don't wish to make this sound like this is a particularly heavy book to read in that sense And that's the beauty of it, **Book Surprisingly Down to Earth, and Very funny jokes** All this is told and explained with Limmy's humour and self deprecating wit included within other daft anecdotes. **Surprisingly Down to Earth, and Very Funny bandes dessinées et illustrations** Perhaps then the overriding takeaway of this book is how humour and personal struggle are two sides of the same coin. **EBook Surprisingly Down to Earth, and Very funny** All that and the book is just a good read to have whilst struggling on the toilet. **Surprisingly Down to Earth, and Very Funny bandes dessinées des** 978-0008294670 I wouldn't say I was a huge fan of Limmy's. **Kindle Surprisingly Down to Earth, and Very funny books** I've seen a few of his sketches on youtube and have heard him interviewed on a few podcasts. **Surprisingly Down to Earth, and Very Funny booking** I have read his books of short stories and found them to be brilliantly well written and original. **EBook Surprisingly Down to Earth, and Very funny cat** His auto biography starts brilliantly giving a great insight into the childhood that shaped the comedian, **Book Surprisingly Down to Earth, and Very funny jokes** There are funny stories of growing up isolated and playing strange games with strange friends. **EBook Surprisingly Down to Earth, and Very funny quotes** This gets darker as Limmy ages as he finds himself looking for danger and things to make him feel alive, **Kindle Surprisingly Down to Earth, and Very funny jokes** This inevitably leads to trouble with the police and on to drink and drugs and police trouble, **Book Surprisingly Down to Earth, and Very funny jokes** Battles with depression suicide and social issues hold him back at almost every stage. **Surprisingly Down to Earth, and Very Funny epublising** He finally finds his niche when he discovers flash programming. **EPub Surprisingly Down to Earth, and Very funny memes** 978-0008294670 Had the pleasure of meeting the author of this book at a charity do once, **EPub Surprisingly Down to Earth, and Very funny jokes** Surprisingly Down to Earth and Very Funny: My Autobiography : Limmy.

. A must for any true fan. Openness to experience:Limmy is high in openness to experience. Conscientiousness:On this trait Limmy is a mass of contradictions. Extraversion:Limmy's high on many facets of extraversion. He's excitement seeking gregarious and warm. Agreeableness:On this trait Limmy scores at the moderate level. Well worth a read. He seems quite strange and a bit of an odd character. 978-0008294670



\$10.30 shipping Temporarily out of stock