

The Successful Single Mom Gets Fit! By Honoree Corder

Great book full of great information! Honoree Corder Honorée Corder former single mom and personal transformation expert helps single moms get fit make healthy conscious choices and love their bodies. When you look and feel great life is just easier! Integrating Honorée's Big 3: Moving and Breathing Refuel and Replenish and Rest and Recharge in your life will make getting fit faster and easier than ever before. Single moms will learn how to get and stay fit with minimal effort by cracking their own personal exercise code loving what they've got and creating a community of other fit single moms. The Successful Single Mom Gets Fit! Honorée Corder is the author of dozens of books including Stop Trying So F*cking Hard You Must Write a Book The Prosperous Writer book series Vision to Reality Business Dating The Successful Single Mom book series If Divorce is a Game These are the Rules and The Divorced Phoenix. Honorée coaches business professionals writers and aspiring non fiction authors who want to publish their books to bestseller status create a platform and develop multiple streams of income. She is also Hal Elrod's business partner in The Miracle Morning book series: She also does all sorts of other magical things and her badassery is legendary. You can find out at HonoreeCorder.com.

