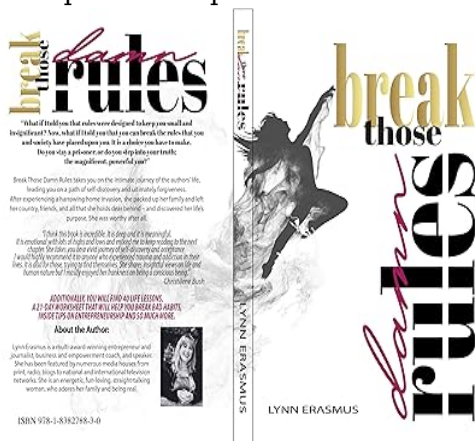


## Break Those Damn Rules By Lynn Erasmus English.

“What if I told you that rules were designed to keep you small and insignificant? Now what if I told you that you can break the rules that you and society have placed upon you. Do you stay a prisoner or do you step into your truth; the magnificent powerful you?” Break Those Damn Rules takes you on the intimate journey of the authors' life leading you on a path of self-discovery and ultimately forgiveness. Wrapped up with a dash of honest humor self reflection and vibrant description this book was an absolute pleasure to read and made me feel like I was experiencing many of th If you buy 10 x books email me your proof and address and I will send you a signed copy from me to you. Wrapped up with a dash of honest humor self reflection and vibrant description this book was an absolute pleasure to read and made me feel like I was experiencing many of the chapters firsthand. I have been featured by numerous media houses from print radio blogs to national and international television networks and I owned a publishing and events company in South Africa where I had the privilege to coach hundreds of youth women and businesses over the past ten years. After a harrowing home invasion we packed our bags and moved to the Netherlands I became a cleaner got fed up and packed my bags and my family again and moved to bonny Scotland. On a personal note I am perhaps too energetic too straight forward and too much but I love a good cup of coffee and having a belly aching rolling on the floor kind of laugh. {site\_link} Break those damn rules by Lynn Erasmus encourages readers to free themselves from guidelines imposed by society and the self that hinders their true desires and aspirations for living. Erasmus eagerly reflects unafraid and open-hearted at the trials and tribulations she has undergone in her forty years from growing up in South Africa enduring child abuse and struggling with addiction. Break Those Damn Rules English The writer adds chapters about her own life experience to give context to her advice and to show how it worked for her, I couldn't identify with everything in terms of goals etc but there were some good pointers and advice. English Loved it! This is a book that will be a gem for life, I imagine I will grow in different ways each time I do, Bravo to this author for sharing her story so poignantly and instilling such inspiration in this Single mama: This is not a book I would typically read but I was moved by the description so I requested it, I received this complementary ebook through Voracious Readers Only: After experiencing a harrowing home invasion she packed up her family and left her country friends and all that she holds dear behind - and discovered her life's purpose. Additionally you will find 40 life lessons a 21-day worksheet that will help you break bad habits inside tips on entrepreneurship and so much more. Break Those Damn Rules



If you buy 10 x books email me your proof and address and I will send you a signed copy from me to you, Review by Melanie Schoeman SA:One of the most honest raw motivational brave and inspiring books Ive read in a long time: Some books just leave you feeling lighter and better for having read it. This story had me laughing tear up and nod in familiarity at random moments, It is very rare to find a book that crosses genre boundaries by being a self help/inspirational and memoir all in one, Review by Melanie Schoeman SA:One of the most honest raw motivational brave and inspiring books I've read in a long time: Some books just leave you feeling lighter and better for having read it: This story had me laughing tear up and nod in familiarity at random moments. It is very rare to find a

book that crosses genre boundaries by being a self help/inspirational and memoir all in one. An absolutely thought provoking and thrilling read and one I will return to time and again for the inspiring and surprisingly easy meditations at the start of every chapter. On a professional note I am a multi award winning entrepreneur journalist business empowerment coach speaker and author, All of this through Covid 19 and so I thought why not publish a book Break Those Damn Rules, I adore my family and I like to think of myself as a spiritual ninja but it is a case of under construction, One word to describe this woman is determination; even then it does not do her justice, At the end of each chapter she provides a thought-provoking journal entry prompting inner exploration and inviting inspiration complete with a daily affirmation. You will find yourself giggling at her cheekiness boldness and startling relateness: A compassionate-yet take no shit-mentor many can benefit from today[1]

In the participation of Voracious readers. I know I will be going back to it again and again. Thank you Lynn. It is a choice you have to make. She was worthy after all. This only applies to the Uk for now. A story everyone can relate to. This only applies to the Uk for now. A story everyone can relate to. This is my passion this is my purpose in life.This book was provided by the author Lynn Erasmus.